



## Baked Beans

### Ingredient list for half a kilo:

- 500GR WHITE BEANS
- 2 DICE BIG SIZE ONION
- 2 SOUP SPOON DIJON MUSTARD
- 3 SOUP SPOON BROWN SUGAR
- 4 SOUP KETCHUP,
- 3 CUP TOMATO COULIS

### Recipe:

1. Blanche the white beans into vegetable stock until cooked but still crispy.
2. Combine all ingredients and place in greased baking dish.
3. Bake uncovered 200 degrees for 1 hours.